



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**MAXIMIZE
YOUR ABILITIES
& EMPOWER
YOURSELF FROM
THE INSIDE-OUT.**

DAV Chapter 17 WI is here to help YOU. If you know of a Veteran that might be in need of assistance with funding a membership, program or personal training, please alert a Y staff person so we can connect you with this resource.

**CONTACT BEN
CLEWIEN TO REGISTER**

GUIDED TRAINING SESSIONS:
Wednesdays • 5:30 p.m.
• 20th Ave Aerobics Studio

BEYOND LIMITS

**A SPECIAL PROGRAM
FOR VETERANS & ARMED
FORCES MEMBERS**



A special ongoing program for Veterans and Armed Forces Members at no initial cost to the Participant.

Program Benefits:

- A FREE 12-week Oshkosh Y membership
Upon Completion of Intake
- Weekly 1-Hour Guided Group Training Session
Wednesdays at 5:30 p.m.
- An in depth Wellness Center Orientation and Quarterly Assessments

DID YOU KNOW?

Veterans receive a 20% discount on any Y membership and pay no Joiner Fee.



**ONE COMMUNITY, ONE TEAM,
ONE FIGHT!**

**SPONSOR
OR DONATE!**

- \$25 | T-Shirt Sponsor
- \$250 | Veteran Sponsor
- \$1000 | Banner Sponsor
- \$2500 | Program Sponsor



Support Veterans in our community by sponsoring our program or making a donation today! Easy payment plans available.

TO APPLY: Contact Ben at benclawien@oshkoshymca.org, call 920-230-8919 or apply online at <https://bit.ly/2BEJHmx>.

All qualified applicants are encouraged to apply!

**OSHKOSH COMMUNITY YMCA www.oshkoshymca.org
DOWNTOWN 236-3380 324 Washington Ave. • 20TH AVENUE 230-8439 3303 W. 20th Ave.**